

Venture Crew BACKPACKING TRIP Equipment List:

WHAT YOU MUST BRING:

Backpack:

should be fit to YOU—bring to REI and they can help you adjust it

I think Mr. Krause said the Troop has some donated packs, call him for more information

Sleeping bag and sleeping mat

(optional: pillow, can stuff sleeping bag stuff sack with clothes)

Extra sleeping clothes plus socks; hat and gloves are good if it is cold out.

Nalgene or camelback for water. Suggest something for plain water and another container for Gatorade. If cold, will be making hot chocolate.

Rain gear (pants, jacket, hat)

Layers:

Zip off pants

Wicking inner layer

Fleece, sweater to add warmth

Long underwear

Jacket (can use rain jacket with other layers for warmth)

Hat and gloves

Wicking socks

Hiking boots—make sure you wear these for awhile BEFORE the hike

Comfortable shoes for around camp: sneakers, moccasins

Bowl and spoon, don't need plate (eating freeze dry)

Medicine

Sun glasses?

Toiletries: toothbrush, paste,

Flashlight and /or headlamp

1-2 bandanas—come in handy for lots of things

Pocket knife, leatherman (only need 1-2 on the trip, not everyone needs)

Crew will provide:

Ground cloth

First aid kit--PAT

Toilet paper and shovel, hand sanitizer

Hatchet, matches, food, large water container, stoves and fuel, (funnel?)

Small piece aluminum: wind shield for stove??

pots for heating water, measuring cup

Spoon to stir/serve freeze dry

?to wash dishes? Soap, wiping cloth????

Garbage bag

Peanut butter—small plastic knives for this